

Tip five: Share Your One Small Thing

We'd love to see what you've done! Share:

- A photo of your One Small Thing
- A short description of how you're saving energy, saving money or supporting nature
- A tag for us on social media, or send your story to our comms inbox

Together, we can build a community of simple, everyday actions that make Somerset stronger and greener.

Tip six: More Ways to Save

Visit our website for more practical advice on:

- Saving energy
- Reducing household costs
- Repairing household items

Simple steps to support local nature
www.homesinsomerset.org



Contact us

If you're struggling with energy bills, free support is available locally, including advice, grants and help to reduce costs.

Centre for Sustainable Energy

Free advice on saving energy, lowering bills and accessing grants.

0800 038 5730
www.cse.org.uk

Citizens Advice Somerset

Help with budgeting, energy bills, debt and accessing financial support.

0808 278 7842
www.citizensadvice-somerset.org.uk

Local Energy Advice Partnership (LEAP)

Free personalised energy advice and support to reduce your bills.

0800 060 7567
www.applyforleap.org.uk

Homes in Somerset

We can help you find the right support, give advice and connect you to local services.

0800 585 360
www.homesinsomerset.org



 **Homes in
Somerset**

One small thing

Small actions. Big difference.

Make one simple change today to save money, save energy, and support nature in your home. Everyone can do One Small Thing, and together, these small steps add up to healthier homes, lower bills and a greener Somerset.

Make Your One Small Thing Pledge

Choose just one action to get started. Each one is low effort, low cost, and makes a positive difference for your home, your wallet and the environment. effort, low cost, and makes a positive difference for your home, your wallet and the environment.

Tip one: Turn Down Your Heating by 1°C

A tiny tweak with a big impact.

Turning your thermostat down by just 1°C could save around £80–£100 a year — without noticeably changing the comfort of your home.

Tips to keep warmth inside:

- Close curtains at dusk
- Keep radiators clear of furniture
- Use draught excluders around doors

More energy saving advice:

www.homesinsomerset.org saving advice



Tip two: Build a Bird Feeder or Bug Hotel

Support local wildlife with something simple, fun and often completely free.

Ideas to try:

- Turn a yoghurt pot or empty bottle into a bird feeder
- Bundle twigs, bamboo, hollow stems or pinecones to make a bug hotel
- Place on a windowsill, balcony or garden corner

A small space can still make a big difference to local biodiversity.



Tip three: Wash Clothes at 30°C

Most clothes clean perfectly well at lower temperatures. Washing at 30°C uses up to 40% less energy than higher settings, saving money and helping clothes last longer.

Try this:

- Wash full loads
- Use eco modes
- Air dry when possible



More energy saving tips:

www.homesinsomerset.org

Tip four: Repair One Thing

Before replacing something broken, try repairing it, it's cheaper, greener, and surprisingly satisfying.

Ideas for quick fixes:

- Sew on a button
- Tighten loose screws on furniture
- Fix a bike puncture
- Replace a lamp bulb or plug



Need help or guidance? Visit our Repairs page: www.homesinsomerset.org/repairs

Choosing to repair doesn't just save money, it reduces waste and keeps useful items out of landfill.